

# August



## Brunswick Senior Center

12 East "A" Street  
Cathy Barnes, Coordinator

Brunswick, MD 21716

301-834-8115

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<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>1</b> 11:00 Wii Bowling 12:30 College Ice Treat 	<b>2</b> 9:00 Strength Training  CENTER CLOSED	<b>3</b> 10:00 Picnic at Rocky Ridge Park	<b>4</b> 9:00 Strength Training 11:00 Blood Pressure Screening 1:00 Scrapbooking Project	<b>5</b> 11:00 Lunch Out & Wal-Mart Shopping Trip
<b>8</b> 11:00 Wii Bowling	<b>9</b> 9:00 Strength Training  CENTER CLOSED 5:30 PM Card Party	<b>10</b> 11:00 Ask Nurse Steve Topic: Hospital Hints 12:45 Regular Bingo	<b>11</b> 9:00 Strength Training 11:00 Crochet Group 12:00 Celebrate August Birthdays	<b>12</b> 11:00 "What's in Lori's Bag?" 1:00 Grocery Shopping
<b>15</b> 11:00 Wii Bowling  11:45 Nutrition Minute	<b>16</b> 9:00 Strength Training  CENTER CLOSED	<b>17</b> 12:45 Boxed Bingo 	<b>18</b> 9:00 Strength Training 11:00 Crochet Group 12:00 Special Meal & Program 6:00 Dinner & Dance	<b>19</b> 10:30 Popcorn & Movie Matinee 1:00 Grocery Shopping
<b>22</b> 11:00 Wii Bowling	<b>23</b> 9:00 Strength Training  CENTER CLOSED 5:30 PM Card Party	<b>24</b> 11:30 Lunch Out with Friends 1:00 BINGO at Brunswick House	<b>25</b> 9:00 Strength Training 11:00 Crochet Group	<b>26</b> 10:00 Tour of Historic Downtown Frederick 1:00 Grocery Shopping
<b>29</b> 11:00 Wii Bowling  11:00 Board Meeting	<b>30</b> 9:00 Strength Training  CENTER CLOSED	<b>31</b> 12:00 End of Summer Picnic Brunswick City Park	<b>Dinner &amp; Dancing from 6:00 to 9:00            Held at the Brunswick Eagles Club.            Reservations by 8/15. Please call 301-834-8115.</b>	

# 2011